



## Sensory Room

### Materials Needed:

- Sheets and blankets
- Pillows
- Clothespins, binder clips, or tape
- Heavy books
- Lights (i.e. Christmas lights, LED candles, small lamp)

### Activity Instructions:

1. Line up three sets of chairs on two opposite sides to build the walls of the fort
2. Drape a large blanket over the backrests of the chairs
3. Add layers of blankets to the floor between chairs
4. Line the walls of the fort using pillows and cushions
5. Drape a sheet across the chairs to create a roof. Use heavy books to secure it down
6. Hang lights inside the fort using clothespins, tape, or binder clips to secure
7. Enjoy different ways to play in your fort! (Squeeze soft pillows, touch your favorite stuffed toys, listen to soft music, lay down and watch the lights)