

JINGLE BELL SHAKER

AREA OF DEVELOPMENT

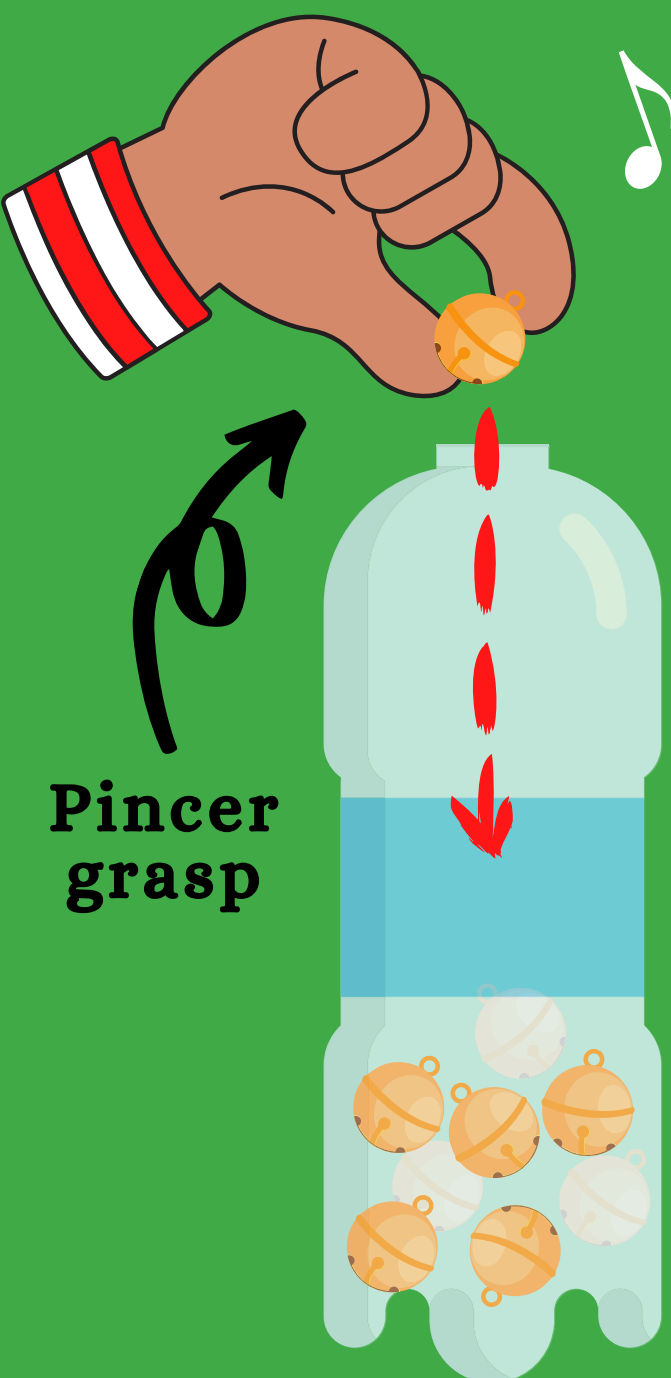
- Fine Motor
- Speech and Language Skills

MATERIALS

- 5-10ct. bells (small enough to fit into a bottle)
- Empty bottle

INSTRUCTIONS

1. Demonstrate how to open the bottle by twisting the bottle cap open. Then, encourage your child to try it themselves. Provide hand-over-hand assistance if necessary.
2. Model how to put the bells into the bottle by using a pincer grasp. Then, encourage your child put them in one by one too.
 - a. Shake and count the bells as you go.
 - b. Use directional words (e.g., "bells go *down, down, down*").
 - c. Provide opportunities for your child request for more by saying/signing "*I want*" or "*more*".
3. Encourage your child to put the cap back on and twist it shut. Provide assistance if needed.
4. Shake the bottle to make a musical sound.



Pincer grasp

LEARNING OPPORTUNITIES

- **Fine Motor:** Encourage your child to use a pincer grasp while putting the bells into the bottle's opening. Also, encourage bilateral coordination to stabilize the bottle with one hand while they put the bells in with the other hand.
- **Speech and Language Skills:** Use the jingle bell shaker as an instrument to shake along to a song (click [here](#) for Jingle Bells). Practice following directions (e.g., go, stop, slow, fast, more, all done).

