

VALENTINE'S DAY HEART WREATH

AREAS OF DEVELOPMENT

- Cognition
- Speech and Language Skills
- Tactile and Hand Strengthening



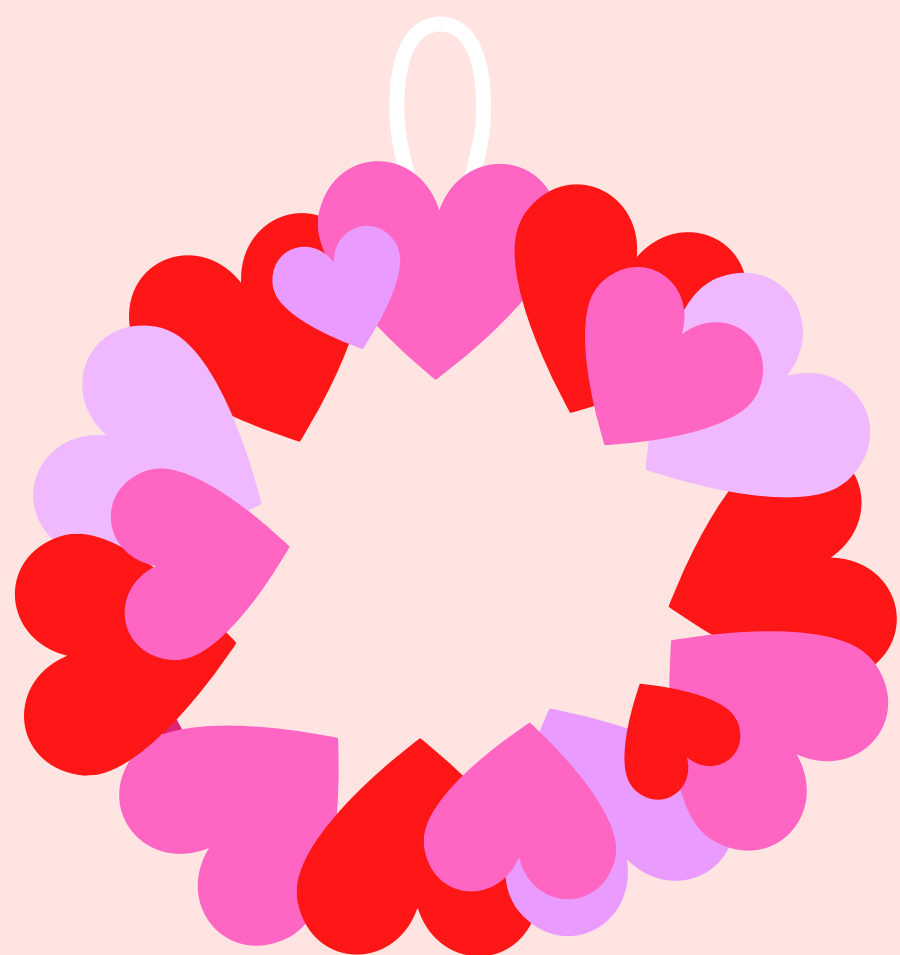
MATERIALS

- Paper (Assorted colors)
 - Paper Plate
 - Heart shaped template (Printable attached)
 - Glue
 - Scissors
 - Ribbon/String
- Alternative for hearts: heart shaped or red colored pasta

INSTRUCTIONS

1. Cut out the hearts using the template on page 2. You can either print page 2 on assorted colored paper (e.g., red, purple, white, pink) or use the hearts on page 2 as a guide for cutting.
2. On the paper plate, cut along the inner rim until you are left with a border for your wreath (see picture above).
3. Start gluing hearts to the paper plate until the garland is full.
4. Glue a ribbon or string on the back of the plate for hanging your wreath.

LEARNING OPPORTUNITIES



- Narrate each part of the activity as you go. Also, practice identifying the shape, colors, and the different sizes of each heart (e.g., "Put purple heart on glue", "Where is the big red heart?", "This heart is *big* and this one is *small*.").
- Present 2 different hearts and encourage your child to request/choose a heart by pointing and/or signing/saying "I want".
- Encourage your child to apply the glue to the wreath and then place hearts on top, or apply the glue to the hearts and then flip them over. This will work on your child's hand strength and tactile awareness.

Inspired by [TheResourcefulMama](https://www.theresourcefulmama.com)

Torrance: 1815 W. 213th Street. Suite 100. Torrance, CA 90501

Long Beach: 1406 Obispo Avenue, Long Beach, CA 90804

Phone: (310) 328-0276 | **Website:** [PediatricTherapyNetwork.org](https://www.PediatricTherapyNetwork.org)

HEARTS

