



Angry Birds Fun

Materials Needed:

- Cardboard Boxes
- Optional: Markers
- Storage Containers
- Ball
- Balloon or stuffed toys

Activity Instructions:

1. Stack cardboard boxes and storage containers to build a tower (color your tower for more fun)
2. Place balloons or stuffed toys on top of the boxes
3. Throw your ball at the green balloons to protect your tower! (extra points if you can make a basket)
4. Use the Zones cards to talk about your energy level before and after the activity

1815 W. 213th Street, Suite 100, Torrance, CA 90501 ♦ 1406 Obispo Avenue, Long Beach, CA 90804

www.PediatricTherapyNetwork.org ♦ 310.328.0276