



Salt Dough Starfish

Materials Needed:

- 2 cups flour
- 2 cups salt
- 1 cup water
- Mixing bowl
- Baking pan/oven (optional)

Activity Instructions:

1. Mix all the ingredients in a bowl until combined
2. Knead the dough until it is soft
3. To create a starfish, start with a ball of dough. Gently pull five pieces, evenly spaced around the center to become the arms. Try to make the arms as even as possible
4. Pull on each arm and shape it to look like a starfish
5. Customize your starfish by poking holes in the starfish with a pencil, adding small balls on top, or keep it plain
6. When you're all done designing your starfish, let it air dry for a few days on a plate or you can bake them in the oven
7. If baking, place on a baking sheet. Place them in a 325 degree oven and bake until they are firm and baked thoroughly. This can take about an hour for a small starfish, or about two to three hours for a bigger, thicker starfish