

# STICKER HEART ACTIVITY

## MATERIALS

- Easel paper/poster paper/4 pieces of white printer paper
- Stickers
- Painters tape (or any tape that can go on your wall)
- Marker



## INSTRUCTIONS:

1. Draw a giant heart on your easel or poster paper (alternative: tape 4 pieces of plain white printer paper together to form a poster-sized paper)
2. Tape the paper to the wall/window, just high enough so your child can reach above their head
3. Model the activity by peeling the sticker off and then placing the sticker in the heart on the paper
4. Narrate the process for your child, e.g. "Take the sticker *off* and put it *on*", emphasizing the concepts "*off* and *on*"
5. If you have different size stickers, work on the concept of big/small
6. Provide two options for your child to choose between, and say "Do you want the small sticker or the big sticker?"
7. For a slight challenge and to work on gross motor, tape the paper higher for your child to work on using their tippy toes to place the sticker on the paper. You can also hold the sticker above your child's head for them to reach up with their arms and stand on their tippy toes to grab the sticker from your hand